

Tooth Removal

Homecare Instructions

- Bite on gauze for 30 minutes. If bleeding persists, bite on a tea bag dipped in water.
- Do not rinse, swish, or suck through straw for 24 hours.
- Avoid vigorous activity, alcohol, and hot/spicy foods for 24 hours. Soft foods are preferable.
- **DO NOT SMOKE** for at least 48 hours.
- Take any medications as directed.
- Applying a cold pack for 20 min on, 20 min off can help reduce swelling.
- **AFTER 24 hours** rinse lightly with warm salt water and brush **CAREFULLY** around area, keep bristles away from socket.
- **Bone graft patients:**
The site is covered by a collagen plug and sutures. The plug will dissolve in 2-3 days and sutures in 7-10 days. A few small particles of bone graft material may work their way out. This is normal.

Please call us:

- If you have any adverse reactions to your medications.
- If you have any unusual swelling or discomfort.
- If you have any questions or concerns about your procedure.

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